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# WILL MOOSE CASH IN ON LOCKOUT?

OWNER BOBBY SMITH DOESN'T THINK NHL'S WOES  
WILL MEAN MORE BUTTS IN SEATS PAGE 3

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## EVERYONE'S A COMEDIAN

Montreal Canadiens blue-liner P.K. Subban, right, hams it up with *This Hour Has 22 Minutes* hosts, from left, Susan Kent, Shaun Majumder and Mark Critch on Monday during a break from rehearsal for the taping of the season premiere at CBC studios in Halifax. The premiere Tuesday night features Subban and kicks off the program's 20th season. More coverage, page 6. JEFF HARPER/METRO

## Cars whiz by school buses

**Enforcement.** Police warning drivers of expensive ticket and dangers to kids

**HALEY  
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Police in Halifax aren't happy that six drivers chose to zip past a school bus that was stopped with lights flashing in a single morning.

No one was hurt, but police and school officials are concerned that so many drivers would jeopardize children's safety without a second thought.

"It's very concerning when people fail to obey laws," said Doug Hadley, spokesperson for the Halifax Regional School Board. "People need to be vigilant."

Halifax Regional Police spokesman Const. Brian Palmetter says officers ticketed a driver for passing a bus last week on Windsor Street near Strawberry Hill.

On Monday morning, an officer conducting follow-

**By the numbers**

**\$394.50**

The fine for not stopping for a school bus.

up checks stopped two cars driving by a school bus in the same area.

As those tickets were being issued, four more cars passed the bus, which was still stopped with its lights flashing.

"People need to stop ... for the safety of the children," Palmetter said.

He says vehicles travelling in both directions and in every lane must stop for school buses so kids can cross the street safely.

Palmetter says most drivers who sped by the buses were probably coming off the Windsor Street Exchange, likely from the MacKay Bridge or Bedford Highway.

He says drivers may not be used to seeing school buses in the city — but that's no excuse.

"Rules are the same here as outside the urban core," Palmetter said. "Regardless of why (drivers) aren't stopping, it's still a crime."



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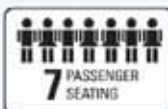
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# NHL lockout no biggie for hockey-reliant businesses

**Worry free.** No significant impact expected on bars or sale of tickets for QMJHL games



**RUTH DAVENPORT**  
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The owner of the Halifax Mooseheads doesn't expect the NHL lockout to affect ticket sales, while one sports-bar manager says there will be minimal impact on business.

Mooseheads owner Bobby Smith says it's impossible to predict the impact of a prolonged lockout on junior hockey attendance, but he's not banking on a major surge.

"Our crowds will be strong this year, but I don't think anybody bought tickets over the summer thinking, 'Hockey Night In Canada won't be on in October, so I want to make sure I have my junior tickets too,'" he said.

Smith says ticket sales were healthy during the last lockout

## Perspective

**"I'd rather see the pros back on the ice tomorrow. It's the best thing for hockey, and what's good for the Mooseheads in the long run."**

Bobby Smith, Halifax Mooseheads owner

in 2004-05, but points out that was Sidney Crosby's electric second season with the Rimouski Oceanic. Smith says regardless of the effect on ticket sales, he wants the lockout to end.

"I don't think it's good for hockey anywhere when the NHL guys aren't playing," he said. "There's just a general dissatisfaction with hockey players and hockey teams."

The manager of one local sports bar says he's "livid" over the dispute — but not too worried about his business.

"Not having the NHL isn't going to break us," said Oasis general manager Adam Lardner. "That may be the case for any new sports pub, but we've



Two fans of the Halifax Mooseheads dance up a storm during last year's playoffs at the Metro Centre. METRO FILE

been around a long time."

Lardner says there will be a drop in weeknight business, but he doesn't expect it to lead to job losses or reduced hours.

He says the lockout could even generate a few new customers.

"There will be some people that come out to the bar that

normally wouldn't because normally they'd stay home to watch the game," he said. "We'll lose more than we gain, but I'm not too concerned."

# NHL players 'deserve their share'



Halifax Mooseheads' majority owner Bobby Smith METRO FILE

Two former NHLers are weighing in on the NHL lockout, and both say it's not in the league's best interests.

However, while Halifax Mooseheads owner Bobby Smith isn't pointing fingers, ex-Montreal Canadien Mike McPhee says owners need to give a little ground to save the 2012-13 season.

"It just looks like the players have given up a lot and the owners haven't given anything," said McPhee, a Cape Breton native and member of Montreal's 1986 Stanley Cup

championship team.

"They're doing the same thing they always do, which is to make the players sound greedy."

McPhee, who now lives in St. Margarets Bay, says he believes players want to work with the league to help struggling franchises, but says owners need to recognize the players' value.

"The owners don't have anything if the players aren't there," he said.

"The players deserve at least 50 per cent."

Smith, also a member of the 1986 Stanley Cup-winning Habs club, says he's not taking sides in the dispute — but wants it settled soon.

"There's \$3.3 billion coming in the door, and it's coming in because it's a great game to watch, and the players certainly deserve their share," he said.

"On the other hand, the owners have grown revenues with new rinks and new TV deals and some of them are losing money."

RUTH DAVENPORT/METRO

## High hopes

Mike McPhee says there's time for the two sides to reach an agreement without cutting into the regular season.

- "I'm still hopeful that neither side wants to have a lockout, they understand financially and from a fan point of view what that's going to do," he said.

## Mobile news



Qriket

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Members of Occupy N.S. and their pitched tents at Victoria Park last year. METRO FILE

## Occupy N.S. still active in run-up to anniversary

### New campaigns.

Events planned for end of month at Grand Parade to celebrate one year of Occupy



**RUTH DAVENPORT**  
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Members of Occupy Nova Scotia are planning several events in the run-up to the one-year anniversary of the encampment, to be held at the Grand Parade.

The Occupy movement seemed to lose steam after Mayor Peter Kelly and Halifax regional council ordered protesters evicted from Victoria Park last Remembrance Day.

### Quoted

**"The name Occupy has been useful to us, and we'll keep it if, and only if, it remains useful to us in the future."**

Occupy N.S. spokesperson Ian Matheson

But a spokesperson says members are still meeting every week and planning several campaigns around federal, provincial and municipal issues related to the economy, environment and government accountability.

"The campaigns we're looking at (presently) will encourage people to participate differently in the economy and the political sphere,"

said Ian Matheson.

"These campaigns would give people ideas on how to act in a more ethical manner and a more globally conscious manner."

Matheson says the group has had some turnover, as members join other groups in Halifax, and is working to improve recruitment.

"We've seen some new involvement, but we'd like to see a lot more," he said. "We're still fine-tuning how to mobilize the small amount of new interest that we've had."

A three-day event is planned for the weekend of Sept. 28, called "Occupy Resurgence."

Matheson says it will include several events in the Grand Parade, but no more occupations.

### Manhunt

### Taxi driver robbed by passenger

Police are on the hunt for a man who robbed a Halifax taxi driver Monday.

Halifax Regional Police say just after 7 a.m., a taxi driver picked up a man around Spring Garden Road and Summer Street. He drove him to the area of Brunswick Street and Sunrise Walk, when the passenger claimed he had a gun, and then demanded the driver give him cash. The taxi driver wasn't hurt.

The suspect is described as a white man, about 30 years of age, and was wearing dark clothes and a baseball cap. METRO

## Beating death. Review of psychiatric hospital to be released Tuesday

A report into the East Coast Forensic Hospital that was launched following the beating death of Raymond Taavel in Halifax earlier this year will be released Tuesday.

The provincial government ordered the review in May after Andre Noel Denny was charged with second-degree murder in Taavel's death.

Denny was granted a one-hour leave from the hospital on April 16 but didn't return. Hours later, Taavel's body was found outside a downtown bar.

The Health Department has said the review focused



Andre Noel Denny. METRO FILE

on patient supervision and public notification when a patient fails to return while out on a pass. THE CANADIAN PRESS



# Student talks about world's smallest vertebrate footprint

**Fossil.** Footprints found in Cumberland County said to be 315 million years old

**HALEY RYAN**  
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A Saint Mary's University student is helping to explain what left the world's smallest vertebrate footprint, discovered last year at the Joggins Fossil Cliffs on the Bay of Fundy.

Matt Stimson is an undergraduate geology and paleontology student and the first author of a report published last month about the footprint.

"I had some suspicions when I first saw them," Stimson said, adding he thought they were just "nice-looking"



An image of the fossil footprints that were discovered. CONTRIBUTED

fossils left by an ancient insect.

But when he noticed small toe marks in the fossil, he realized only an animal with vertebrae could have made them.

Stimson took the prints to Dr. Spencer Lucas of the New Mexico Museum of Natural His-

tory, and the pair realized the fossil set a new record.

"These are the smallest that have ever been recorded," Stimson said about the prints, which are 1.6 millimetres wide in the front and 2.4 millimetres in the back.

Stimson said the animal that left the tracks more than 300 million years ago would have looked like a salamander, but was only eight millimeters long. The tracks also show the animal started walking but then changed direction and began running.

Stimson said we'll never know why it ran but he can guess the animal was scared or spotted something to eat.

"They're like a brief moment in time," Stimson said of the footprints. "Or a snapshot.... You can start to put together what happened millions of years ago."



Employees reporting to work last week at the NewPage mill in Port Hawkesbury. CAPE BRETON POST

## Prospective owner of NewPage mill loses bid to pay less municipal tax

A Nova Scotia Supreme Court judge has rejected a bid by the prospective owners of the idled NewPage Port Hawkesbury paper mill to cancel a municipal tax deal.

In his ruling Monday, Judge John Murphy said Richmond County was able to prove it would suffer real financial hardship if Pacific West Commercial Corp. was allowed to terminate the agreement the county made with the mill's former owner, Stora Enso, in 2006.

The deal would require Pacific West Commercial to pay Richmond County \$2.5 million annually over 10 years, but the Vancouver-based company argued it should only have to pay about one-sixth of that.

Murphy said he didn't get enough information from Pacific West Commercial to

### Idled paper mill still expected to reopen

- Lawyers for the company left court without commenting.

- But the chief restructuring officer for Ernst & Young, the court-appointed monitor overseeing the sale of the mill to Pacific West Commercial, said

the court's decision shouldn't have an impact on whether the plant will reopen.

- "We continue to expect that the mill will reopen, hopefully before the end of this month," Peter Wedlake said outside court.

prove its arguments.

"The mill has not given me a basis to assess the impact a \$2-million reduction is likely to have," said Murphy.

Richmond County said if the agreement were nixed, it would have resulted in a possible 26.5 per cent residential tax hike and deferred maintenance of buildings and equip-

ment.

Outside court, the county's deputy warden said he was satisfied with the court's decision.

"It's a judgment for fairness, not just for Richmond County, but for all municipalities throughout the province," said Victor David.

THE CANADIAN PRESS

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# 'We've got a perfect format to continue forever and ever'

## Long-running series.

Halifax-produced *This Hour Has 22 Minutes* is launching its 20th season Tuesday at 8:30 p.m. on CBC Television



ALY THOMSON  
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For Shaun Majumder, striving to "take the piss out of our own culture" will always be an important role for Canadian comedians.

It's what the Gemini-Award-winning actor sets out to do each week on *This Hour Has 22 Minutes*, the long-running CBC series that jeers Canadian politics and current events.

"I love satire ... and I think we're the best in Canada at it," Majumder said while being daubed with makeup brushes on the show's set last week.

The show is back for its 20th season on Tuesday night, and at this rate *22 Minutes* will be on for another 22 years, Majumder speculated.

"We've got a perfect format to continue forever and ever, no matter how many people come in through the cast," said Majumder, who started on the show several years ago as a writer.

Some of the country's most highly acclaimed comedians have called the show home throughout its two decades on air, including Rick Mercer, Colin Mochrie, Greg Thomey and Mary Walsh.

## Quoted

**"As long as there is news stories happening, and as long as there's politicians ... the show has a format that should last forever."**

Shaun Majumder of *This Hour Has 22 Minutes*



Shaun Majumder and Cathy Jones film a pre-recorded section of *This Hour Has 22 Minutes* against a green screen at CBC's Bell Road studio in Halifax last week. The show is celebrating its 20th anniversary season. JEFF HARPER/METRO

Since its inaugural season in 1992, each show has been written and produced within one week at the CBC building on Bell Road in Halifax.

"It's really important to

continue to take the piss out of our own culture and our own news stories," Majumder said.

Producer Peter McBain said *22 Minutes'* East Coast home is important to its perspective on Canadian news.

"We're supposed to be bursting the balloon of politics and Canadian society, and I think sometimes that's easier to do from a rock in the fog than it is to do if you were right in the middle of it ... in Ottawa," said McBain

in his office.

McBain noted that a lot has changed over the past 20 years in terms of how the public consumes news, so the show's task of keeping current on a weekly cycle is not made easy.

"We might shoot a sketch on Thursday and by Monday the story is totally different," said McBain, noting the show has started loading digital shorts onto its website. "It's changed the writing process."

## Anchors

**There have been 10 anchors on *This Hour Has 22 Minutes*.**

- The original cast was made up of Mary Walsh, Cathy Jones, Rick Mercer and Greg Thomey.

- The other anchors are Mark Critch, Shaun Majumder, Colin Mochrie, Gavin Crawford, Geri Hall and Susan Kent.



Rick Mercer COURTESY OF CBC

# From Crosby to talking to Americans

Shaun Majumder has certainly sparked some knee-slapping laughs during his several years with *This Hour Has 22 Minutes*, but only a handful of skits stick out to the actor as comedy "gold," so to speak.

When hockey hero Sidney Crosby was in town for the torch relay during the 2010 Vancouver Olympics, Majumder figured out the numerological reason that

Canada was going to win a gold medal in men's hockey: 87 - 8 = 79.

"Eighty-seven is Crosby's number. Eight is (Alexander) Ovechkin's number. If we can beat Ovechkin we'll end up with 79, which is the atomic number for gold," said Majumder, just before filming a bit at the show's news desk for Tuesday's season premiere.

"That was one of the highlights, but there have been many other ones."

Ambushing celebrities and politicians will never get old, said Majumder. Especially when they believe he's a real newscaster while playing the role of sweat-filled and nervous reporter Raj Binder — like Shaquille O'Neal once did.

"He offered me medical attention," Majumder said.

## Sound logic

# 79

Majumder figured out the numerological reason that Canada was going to win a gold medal in men's hockey at the Vancouver 2010 Olympics: 87 - 8 = 79 — 87 being Sidney Crosby's number, 8 being Alexander Ovechkin's number and 79 being the atomic number for gold.

And who can forget the show's long-running Talking to Americans segment, where Rick Mercer set out to expose how little some Americans know about their Canadian neighbours?

A truly memorable bit had Mercer convincing some of those well-meaning Americans to congratulate Canada for legalizing VCRs.

ALY THOMSON/FOR METRO



Sidney Crosby THE ASSOCIATED PRESS



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# Hezbollah leader emerges to spur on protests against U.S.

## Anti-Islam video.

Demonstrations at U.S. institutions abroad turn violent

In a rare public appearance, the leader of the militant Hezbollah group exhorted hundreds of thousands of supporters Monday to keep up the campaign against an anti-Islam video that has unleashed deadly violence and anger at the United States across the Muslim world.

Although the massive, well-organized rally in Beirut was peaceful, protesters in Afghanistan set fires near a U.S. military base, clashed with police in Pakistan, where one demonstrator was killed, and battled with officers outside the U.S. Embassy in Jakarta, Indonesia, the world's most populous Muslim country.

The turmoil surrounding the low-budget video that mocks the Prophet Muhammad showed no sign of ebbing in the week after protest-

## Backlash around the world

- Russia's prosecutor general's office said Monday it will ask the courts to outlaw the Innocence of Muslims film as "extremist and offending believers."
- Iran's top leader urged the West Monday to show it respects Muslims by blocking the film, saying Western leaders must prove they are not "accomplices" in a "big crime."
- Authorities in Germany are considering whether to ban the public screening of the film, German Chancellor Angela Merkel said Monday.

ers first swarmed the walls of the U.S. Embassy in Cairo. Four Americans, including the U.S. ambassador to Libya, died amid a demonstration in the eastern Libyan city of Ben-



A Lebanese woman in the southern suburb of Beirut smokes a water pipe on Monday as she sits in an empty lot with her family, watching Hezbollah supporters march during a rally denouncing an anti-Islam film that has provoked a week of unrest in Muslim countries worldwide. HUSSEIN MALLA/THE ASSOCIATED PRESS

ghazi.

At least 10 protesters have died in the riots, and the targeting of Western diplomatic sites has forced Washington

to increase security in several countries. Diplomats at the U.S. Embassy in Beirut destroyed classified material as a security precaution, ac-

cording to a State Department status report.

The appeal for sustained protests by Sheikh Hassan Nasrallah, the leader of

Lebanon's powerful Hezbollah group, could stoke more fury over the video, Innocence of Muslims.

THE ASSOCIATED PRESS

## Anti-American protests

### U.S. diplomats at Beirut embassy destroy documents

Diplomats at the U.S. Embassy in Beirut have started to destroy classified material as a security precaution amid anti-American protests in Lebanon and elsewhere in the Middle

East and North Africa.

A State Department status report said the Beirut embassy had "reviewed its emergency procedures and is beginning to destroy classified holdings." It also said that local Lebanese employees were sent home early due to protests by the militant Shiite group Hezbollah over an anti-Muslim film produced in the U.S.

THE ASSOCIATED PRESS

## Italy to represent Canada's interests in Tehran



Italy Foreign Minister Giulio Terzi  
THE CANADIAN PRESS FILE

Italian Foreign Minister Giulio Terzi says Italy will look after Canadian interests in Iran after Canada shut down its embassy there earlier this month.

Terzi said Monday that Canada, Italy's "important friend and ally," had requested Rome assume protection of Canadian interests there following the Sept. 7

closure of the embassy in Tehran.

Canada also severed diplomatic relations with Iran and ordered Iranian diplomats to leave, branding the Islamic republic as the most significant threat to world peace.

The surprise move reinforced Canada's close ties with Israel, Tehran's arch

enemy.

Iran called Canada's embassy closure "hasty and unwise" and said it would react in the near future.

Tehran denies suspicions it is intent on developing nuclear weapons, with Israel especially worried.

Switzerland represents U.S. interests in Iran.

THE ASSOCIATED PRESS



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# Conservatives welcome NDP with 'bald-faced lie'

## Parliament resumes.

Harper joins in on carbon-tax tirade against opposition leader

Canada's parliamentary engine sputtered back to life with a hyper-partisan bang Monday as the Conservatives sought to tarnish New Democrat Leader Tom Mulcair by accusing him of planning to impose a carbon tax on unsuspecting Canadians that the NDP has never proposed.

Even Prime Minister Stephen Harper got in on the act, demonstrating that a three-month summer break has done little to soften the Conservative government's go-for-the-jugular partisan instincts.

Harper, his ministers and his backbenchers repeated at every opportunity their tirade against Mulcair's alleged carbon tax proposal, disregarding the fact that the NDP has never actually proposed a carbon tax.

Indeed, Mulcair and his predecessor, Jack Layton, have proposed a cap-and-trade sys-



People in the Occupy Movement take part in a rally on Parliament Hill in Ottawa on Monday. Occupy protesters returned on the one-year anniversary of the movement. See the photo gallery online at metronews.ca. SEAN KILPATRICK/THE CANADIAN PRESS

tem to reduce greenhouse gas emissions — a proposal Harper himself championed for several years before dropping the idea.

At no point did the Tories ever refer to their own proposal as a carbon tax — but now, it seems, they're not about to let facts get in the way of a good partisan attack.

"Cap and trade or cap and tax, a price on carbon is a tax on carbon. That makes it a carbon tax," asserted New Brunswick MP John Williamson.

Mulcair refused to respond to the attacks on his supposed carbon tax plan — an assertion he's described as a "bald-faced lie." **THE CANADIAN PRESS**

## Rebuttal

"The NDP's top priority is the economy. The Conservatives' ... is making things up about the NDP."

NDP Leader Tom Mulcair

## Fetal rights. Tory MP says abortion case law not clear enough

The Conservative MP seeking to reopen debate on fetal rights and abortion says it should be up to Parliament to resolve an issue the courts "left open."

But Kitchener MP Stephen Woodworth said he is not optimistic he will get the 50 per cent necessary to pass a motion he sponsored to study the definition of "human being" in the Criminal Code.

Woodworth said his motion comes to a final vote in the House of Commons on Sept. 26, and would merely strike a committee to study

the issue, and open a "respectful dialogue" on what he argues is a pressing matter.

He argued it won't seek to write a new abortion law, but at the same time Woodworth claimed the current legal environment around abortion practices is "dishonest."

At a news conference, Woodworth challenged anyone claiming a fetus at eight or nine months gestation is not a child and asked, "Does abortion access really depend on that kind of fraud?"

**TORSTAR NEWS SERVICE**

## Non-conviction records

### Background checks tainting thousands

Thousands of Canadians are being unfairly and often unwittingly tainted by information contained in police background checks, a prominent civil liberties group said Monday.

The result is that people are denied employment or run into a host of other

problems, including finding housing or travelling across the border, according to the Canadian Civil Liberties Association.

At issue is the disclosure of "non-conviction" records — information about an investigation, arrest or charge that did not lead to a conviction.

Disclosure of such sensitive information may undermine the presumption of innocence, the association said. **THE CANADIAN PRESS**

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# Royals ask French court for injunction on nude Kate photos

**Duchess of Cambridge.** French and Italian gossip magazines that have published revealing spreads both owned by Berlusconi publisher

A French court was asked on Monday to halt further publication of topless photos of Prince William's wife Kate.

After hearing arguments by lawyers for the British royal couple and for the popular French gossip magazine Closer, the court said it would rule today. The royal request was made after Closer printed 14 pictures of the partially clad Kate, the Duchess of Cambridge, in its pages last week.

On Monday, the Italian gossip magazine Chi — like Closer owned by Mondadori, the Italian publishing house owned by former Italian prime minister



The Duchess of Cambridge  
THE ASSOCIATED PRESS

Silvio Berlusconi — published a 26-page spread of photos of Kate without her swimsuit top. An Irish tabloid published more Kate topless photos over the weekend, drawing a vow from Ireland's justice minister to revise privacy laws there.

The photos in question show the Duchess of Cambridge relaxing during a holiday at a private villa in Provence, sometimes without her bathing suit top and, in one case, with her suit bottom partially pulled down to apply sun screen.

William's St. James's Palace called the publications of the photos a "grotesque" invasion of the couple's privacy. Lawyers for the royal couple argue that the photos amount to an invasion of privacy.

The royal couple's lawyer, Aurelien Hamelle, told the French court Monday that he is seeking 5,000 euros (\$6,400 US) in damages from Closer and an injunction forcing the magazine to stop publishing the issue with the photos. He also asked the court to fine Closer 10,000 euros (\$12,800) a day for each day the injunction is not respected, and 100,000 euros (\$128,000) if the photos are sold. **THE ASSOCIATED PRESS**



## Orangutan joins cancer fight

A Jungle Island volunteer comforts Peanut, one of the orangutans from a private zoo, as she is treated with R-CHOP therapy, a combination of drugs used in chemotherapy to treat her aggressive non-Hodgkin lymphoma in Miami. Human medical specialists are treading new ground in applying a standard chemotherapy regimen to treat cancer in the orangutans. The apes share about 96 per cent of a human's genetic makeup, and Peanut's treatment plan is closer to that of what a human would receive for the same type of cancer. **PAT CARTER/THE ASSOCIATED PRESS**

### Ohio death row

## Overweight inmate requests execution delay

A condemned Ohio inmate who weighs at least 218 kilograms wants his upcoming execution delayed, saying his weight could lead to a "torturous and lingering death." Ronald Post shot and killed a hotel clerk almost 30 years ago.

**THE ASSOCIATED PRESS**

### Disrespectful outburst

## EU Parliament member fined

How much does it cost to tell one of the EU's top officials he has "the charisma of a damp rag?" Apparently about 3,000 euros, or close to \$4,000 US.

In 2010, Nigel Farage, an anti-European Union member of the EU Parliament, rose following a speech by Herman Van Rompuy, the president of the European Council.

Farage, a Briton, added that the former Belgian prime minister came from "pretty much a non-country."

**THE ASSOCIATED PRESS**



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## China scandal. Trial of former police chief begins with unexpected secrecy

A trial has begun in China for an ex-police chief at the centre of the country's worst political scandal in decades.

Court officials unexpectedly staged a closed-door hearing Monday, a day earlier than publicly announced.

Authorities justified the closed proceedings by saying "state secrets" were being discussed in the trial of Wang Lijun, who is charged with defection, abuse of power and other crimes.

"It was closed according to Chinese law because it involves state secrets," said defence lawyer Wang Yuncai, who is not related to her client.

On Tuesday, the court is scheduled to hold the previously announced public portion of the trial — though foreign media won't be allowed in — and the hearing is expected to go over allegations of bribe-taking and other charges.

The trial was the latest wrinkle in the bizarre months-long scandal that started when Wang fled to the U.S. Consulate in February and divulged the murder

### Gang-buster

A career policeman of more than two decades, Wang Lijun made a name for himself as a gang-buster in a northeastern province where he met Bo Xilai, then a fast-rising politician.

- The two rode to national fame together, launching a high-profile sweep against organized crime in Chongqing, an inland megacity where Bo had been named party chief.

of a British businessman.

It resulted in the removal of his boss, senior politician Bo Xilai, from the communist leadership.

During his 33-hour stay at the consulate, Wang claimed that Bo's wife was involved in the murder.

Wang was apparently unable to get asylum in the U.S. Bo's wife was convicted of the murder, after she confessed in court.

THE ASSOCIATED PRESS

## Obama program. Illegal immigrants swamp L.A. school district for records

Thousands of illegal immigrants have inundated America's second-largest school district with requests for copies of records that might qualify them for the Obama administration's Deferred Action for Childhood Arrivals program, the district said Monday.

Under the program, people who are 30 or younger will be allowed to stay in the United States and work for up to two years if they prove they've lived in this country continuously since June 2007.

Applications can be renewed every two years.

An estimated 200,000 cur-

rent and former students in the Los Angeles Unified School District might be eligible for the federal program.

"We looked at the birth years that this program covers and there were about 200,000 students that listed another country of origin," special assistant Lydia Ramos said. "We have probably the highest number of students who would be eligible for this."

Saul Berrera, 17, who was 10 when his mom brought him from El Salvador, said: "I feel like doors are opening up for me."

THE ASSOCIATED PRESS



U.S. President Barack Obama greets people at an election campaign event in Cincinnati, Ohio, on Monday. CAROLYN KASTER/THE ASSOCIATED PRESS

### Vatican

## Judge sets date for trial of Pope's former butler

Pope Benedict's ex-butler and another Vatican lay employee will go on trial next week in the theft of papal documents that exposed alleged corruption at the Holy See.

Judge Giuseppe Dalla Torre said Monday the first session would begin Saturday, Sept. 29.

Paolo Gabriele is accused of grand theft. Claudio Sciarpetti, a computer specialist in the Vatican, will be tried on a lesser charge.

THE ASSOCIATED PRESS

### Shuttle's last journey

## Endeavour still stuck in Florida

Space shuttle Endeavour apparently doesn't want to leave home.

NASA's youngest shuttle was supposed to depart Florida's Kennedy Space Center on Monday for its permanent museum home in Los Angeles. But stormy weather along the Gulf of Mexico nixed the plans.

NASA aimed for a Tuesday bon voyage but that ended up getting scrapped as well. Endeavour's departure is now set for Wednesday morning atop a modified jumbo jet.

THE ASSOCIATED PRESS

### Newfoundland

## New trial for dad in toddler deaths

A new trial has been ordered for a Newfoundland man convicted of drowning his twin daughters, age 3, in a lake. Nelson Hart was found guilty in 2007 of first-degree murder. On Monday the Court of Appeal ordered a new trial.

THE CANADIAN PRESS

### Two new ads

## Romney fights to regain ground

Mitt Romney is attempting to get back on solid footing amid reports of bitter infighting at his headquarters as Barack Obama edges past his Republican rival nationally and in several swing states.

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The new Apple iPhone 5 is displayed on Sept. 12 in San Francisco. ERIC RISBERG/THE ASSOCIATED PRESS

# Ringing in a record: 2 million iPhone 5s ordered on first day

**In stores Sept. 21.**  
As demand exceeds initial supply, some devices are scheduled for delivery in October

Orders for the iPhone 5 topped two million in the first 24 hours after Apple started taking them at midnight Pacific time on Friday. That's more than double the number of iPhone 4S orders

on its first full day.

The company also says that while most preorders will be delivered on Friday, demand for the iPhone 5 exceeds the initial supply, so some of the devices are scheduled for delivery in October.

The iPhone 5 has a bigger screen — four inches measured diagonally — that allows room for another row of icons, and widescreen movies to fit better. The calendar will now show five days at a time

instead of just three. Previous iPhone models carried 3.5-inch screens. The phone is also thinner and weighs less than previous models.

The phone will be available at Apple stores in Canada on Friday, Sept. 21.

Earlier Monday AT&T Inc. said it set a sales record for the iPhone 5, with customers ordering more of them than any previous iPhone model on the first day of orders and over the weekend. **THE ASSOCIATED PRESS**

# New mortgage rules lead to drop in national home sales

Home sales declined 5.8 per cent across Canada from July to August, the largest month-over-month decline since June 2010, according to the Canadian Real Estate Association.

Actual sales activity was down almost nine per cent in August over a year earlier, "providing the first clear indication that the recent changes to mortgage regulations aimed at cooling the market are working as intended," said CREA chief economist Gregory Klump Monday.

"The broadly based decline in August sales activity suggests that some buyers may no longer qualify for a mortgage now that amortization periods of high ratio (less than 20 per cent down payment) mortgages have been shortened," he added.

House prices remained relatively stable across the country, posting increases of just 0.3 per cent on a year-over-year basis and the inventory of homes for sale at the end of August climbed slightly to 6.5 months, up from 6.1 months at the end of July.

The seasonally adjusted average price of a Toronto home held steady in August, up 1.5 per cent to \$501,058, up from \$493,647 in July, according to CREA. Actual prices were up 6.1 per cent in August over the same time last year.



The greater Toronto area saw a 7.7 per cent decline in new listings, leading the way for a 1.7 per cent decline in new listings across the country, which helped keep the national housing market more balanced than it has been at any time in the last two years, according to CREA.

## Quoted

The decrease provides "the first clear indication that the recent changes to mortgage regulations aimed at cooling the market are working as intended."

Canadian Real Estate Association chief economist Gregory Klump

While the average Vancouver house price was down almost seven per cent in August over a year ago to \$725,086, it was up about three per cent in August over July when adjusted for seasonal fluctuations.

Sales declines were posted in about two-thirds of all markets representing 80 per cent of national house sales activity including the GTA, Vancouver, Greater Montreal, Calgary, Edmonton and Ottawa.

Some 334,208 homes have changed hands over Canada's MLS system so far this year, an increase of 2.8 per cent compared to the same eight months of 2011.

**TORSTAR NEWS SERVICE**

## Austria

## Saucy starter: McNoodles hit the menu

McDonald's is introducing noodle dishes this week at its restaurants in Austria. The McNoodles come with vegetables and salad, chicken pieces and either sweet and sour or curry sauce.

**THE ASSOCIATED PRESS**

## Market Minute



**DOLLAR**  
102.53¢  
(-0.44¢)

**TSX**  
12,446.86 (-52.61)

**OIL**  
\$96.62 US (-\$2.38)

**GOLD**  
\$1,770.60 US (-\$2.10)

**Natural gas:** \$2.865 US (-7.8¢)  
**Dow Jones:** 13,553.10 (-40.27)

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# NO SHAME IN BARING IT ALL



**SHE SAYS...**  
Jessica Napier  
metronews.ca

I am not what you'd call an exhibitionist.

I didn't grow up in an underpants-only kind of household. When changing for gym class, I would awkwardly

wrestle into my sports bra while still wearing a sweater on top (believe me, this is actually not impossible). To this day, the first thing I will do in an unfurnished apartment is hang curtains.

While I might have a bit of a prudish attitude when it comes to my own public nudity, it takes just the briefest moment of browsing online to realize that there are plenty of women out there who have no problem exposing a little skin.

## Not their fault

To argue that Middleton made a bad choice to go topless or that she 'should have known better' is akin to saying that she got what she deserved. The idea that a woman should be publicly shamed for things she chooses to do in private that are then illegally captured by trespassing photographers is insane (hi, Kristen Stewart).

The magazine's editor-in-chief defended the images, claiming they weren't lewd, but a beautiful intimate series of a young couple in love. Of course, this "tasteful montage" argument might be easier to swallow if the photos weren't captured by slimy paparazzi stalking the royals during what should have been a very private moment.

While many people expressed outrage at this extreme violation of privacy, I was horrified to see just how many people took to Twitter and online comment sections to unleash a barrage of hostility towards the duchess for having the audacity to act like a normal 30-year-old woman on vacation with her husband.

Nipples? Gasp!

To argue that Middleton made a bad choice to go topless or that she "should have known better" is akin to saying that she got what she deserved. The idea that a woman should be publicly shamed for things she chooses to do in private that are then illegally captured by trespassing photographers is insane (hi, Kristen Stewart).

The violation of Middleton's privacy and the furious responses that followed contribute to the archaic yet persistent notion that, as women, our bodies, more than anything else, are for display, to be looked at by men, by other women and, evidently, by telescopic lenses emerging from the shrubbery.

Follow Jessica Napier on  
Twitter @MetroSheSays



Kate Middleton GETTY IMAGES

# Cheer up, Grandpa! It's the '50s again!



SWNS

## Bristol, England

### Caring trip down Memory Lane

Staff from a British nursing home have built a mock 1950s street so elderly patients suffering from dementia can spark recollections of their youth. Memory Lane, which on Saturday opened to residents of Blossom Fields in Winterbourne, Bristol, includes a greengrocer, post office, pub, and old tobacco tins.

METRO

## Carer's viewpoint

"Rather than just sit in a garden, most elderly people want to see something and go somewhere to keep their minds active. Memory Lane is a destination to make a walk around our grounds worthwhile."

Christopher Taylor, senior manager of Grove Care, dementia specialist in Winterbourne

## Memory Lane places

- **The White Horse Pub.** Etched glass doors and windows surround an old beer pump, bar stools and beer mats to bring back the authentic 1950s drinking den.
- **The Post Office.** Outside residents can put letters in the genuine George VI Post Box and inside they can see ration books and memories of the 1950s, and also read vintage newspapers.

## Jog their memory

# 12

per cent boost in ability to remember among British dementia sufferers is caused as a result of chatting with peers about the years during the Second World War, according to a 2009 study by Exeter University.



Register at [metropolitanpanel.ca](http://metropolitanpanel.ca) and take the quick poll

What are you most hoping Parliament will focus on during the fall session?

50%  
THE ECONOMY

0%  
DIPLOMACY ABROAD

38%  
JETS AND DEFENCE

12%  
GETTING ALONG WITH EACH OTHER

## Twitter

@downtownpaul:

New mayor, regardless of who he is, will need to (re?)build bridges to provincial and federal governments.

@katieltower:

Hey kids: can we call a moratorium on gourmet burger shops now? #Halifax

@HalifaxRainmen:

Make sure to follow your newest Halifax Rainmen Brandon Robinson @AGENT\_15 !!

@A\_halifax\_girl:

All I want right now is a tub of coffee and a bottle of wine. Happy Monday!

@CJWoodman:

#Halifax harbour is sparkling today and bustling with cruise ships, navy vessels, tugs, ferries, and sailboats. Love this city!

@kalryssa:

Bye bye Uncle Buck's! You will be missed more than any other pizza place in Halifax. #socheap #uni-probs



DVD reviews



**The Cabin in the Woods**

**Director.** Drew Goddard

**Stars.** Kristen Connolly, Chris Hemsworth, Anna Hutchison

To say *The Cabin in the Woods* isn't your average horror movie is like observing that King Kong isn't your average ape. Even when major plot twists are revealed — as the trailers do — there are so many others left, you have no reason to scream “spoiler!” That said, you don't want to know too much in advance about this feature directing debut of Cloverfield writer Drew Goddard. He shares screenwriting credits with fellow genre subverter Joss Whedon. Better you should be as naïve as are most of our five cabin-bound college kids, one of them played by a pre-Thor Chris Hemsworth. The film's internal logic may not stand up to close scrutiny, but the intent behind it is rock solid: a horror show that would have impressed even the ancient Greeks, both their warriors and their philosophers.

PETER HOWELL

# Ode to TV: The shows that inspired the stars

## Emmy Awards.

Nominees share their memories of television classics, from *Bonanza* to *MASH* and wanting to become a Huxtable

Long before Kevin Costner, Bryan Cranston, Christina Hendricks and Nicole Kidman were Emmy nominees, they were kids who loved watching TV.

“I liked *Man from Uncle* and *High Chaparral*,” Costner said.

“I really, really liked that when I was a kid.”

“I remember the transition from black-and-white to colour,” continued Costner, who is nominated as both star and producer of the TV movie *Hatfields & McCoy*s.

“It's like one by one the televisions in my neighbourhood became colour TVs and we would all go look at each other's colour TVs and ooh and aah at *Bonanza*. I'm kind of glad I saw it all, in a way. I remember the TV would shut off at 11 and just play the national anthem all night long.”

Cranston, who is nominated for his role on *Breaking Bad* — which won him the Emmy Award three years in a row, grew up on *The Andy Griffith Show*.

“I love the character of Barney: Classic comic character of the absolute confident man with no ability whatsoever. Always funny. The calm and comforting tones of Andy Griffith, who we lost recently,” the actor said.

“I think there was just something very sweet and comforting about watching



Nicole Kidman. THE ASSOCIATED PRESS

that show, and the simplicity of the lifestyle and a days-gone-by kind of thing.”

Hendricks, nominated for the third consecutive time for her supporting role in *Mad Men*, said her all-time favourites were *MASH* and *Northern Exposure*.

“Both of them had a sense of real community and camaraderie among the cast, a sense of friendship in this world that I remember responding to,” she said.

Mayim Bialik of *The Big Bang Theory* was also a *Northern Exposure* fan.

“They had every kind of possible character,” said the actress, who remembered watching the show while starring on *Blossom*.

“I would have loved to be anything on *Northern Exposure*, but mostly Rob Morrow's love interest. That would have been my choice.”

Kidman, a first-time Emmy nominee for her lead role in the TV movie *Hemingway & Gellhorn*, said she was raised on *The Brady Bunch* and *Bewitched*.

“Growing up in Australia, the mini series was such a big, big thing. It was something that launched my career because I did mini series in Australia,” she said.

“I did a thing called *Bangkok Hilton* and one called *Vietnam*, which was on the Vietnam War in the '60s and was a hugely rated show.”

“That was my big break, really, as an actor.”

Sarah Paulson, nominated for her supporting work in the TV movie *Game Change*, loved *Who's the Boss?*

“Angela and Tony were who I wanted to be when I grew up. I wanted to have

## The Emmy Awards

The Primetime Emmy Awards will be presented on Sept. 23 at the Nokia Theatre and broadcast live on ABC.

that relationship,” she said. “I watched a lot of television growing up and they were like my surrogate parents. Angela and Tony. I loved 'em.”

Jesse Tyler Ferguson, Maya Rudolph and Zooey Deschanel were all fans of *The Cosby Show*. Ferguson and Rudolph even dreamed of joining the family.

“It felt very familiar,” the *Modern Family* actor said, “and I wanted desperately to be a part of that family.”

Rudolph, nominated for hosting *Saturday Night Live*, said if she were to join the show, “I would have to be a fictional cousin, because I don't think they needed any more children.”

“I don't think the Huxtables needed any more children.”

“But, listen, if Denise needed a best friend to go shopping with, that's who I would be.”

Julia Louis-Dreyfus, a 14-time Emmy nominee and two-time winner, wants to bring back her favourite show from childhood: *Flipper*.

“Talking dolphin. How can you beat it?” she said.

“Well, sort of talking. It communicated. A dolphin who beats the bad guy every week.”

“I think we should redo that.”

“I think I'm going to pitch that. That's my new HBO show: *Flipper: Part II*.”

THE ASSOCIATED PRESS

# 2 SCENE

On the web



Qriket

Keira Knightley to Vogue: I had no life besides acting.



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Chris Brown

## 'Warning: Do not buy this album! ...'

Chris Brown may have trouble moving copies of his new album, *Fortune*, thanks to one record store chain's interesting warnings.

At London locations of

HMV, copies of Brown's CDs have reportedly been affixed stickers that read, "Warning: Do not buy this album! This man beats women," according to Hollyscoop.

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

### The Word

## Even millionaires get the blues



THE WORD  
Dorothy Robinson  
scene@metronews.ca

Life is so hard for millionaire Miley Cyrus.

The starlet got a bit mopey the other night with a series of introspective (stoned?) posts to Twitter, causing fans to worry about her happiness.

"Ever feel like you want just ... something more? Not sure what exactly. Passion perhaps?" she tweeted.

"Sometimes I feel like I love everyone more than they love me. Hate that feeling. Maybe it's not that they love you less. They just love you the most they are ca-



pable of loving." But Cyrus was quick to clear up any confusion over the state of her engagement to Liam Hemsworth, posting, "No, there is not trouble in paradise."

Anyone else read this and picture Miley writing this while gazing wistfully out the window while a lone tear streaks down her face, coming to rest on her \$1,000 intentionally distressed Marc Jacobs sweater?



Nicki Minaj

## Minaj, Urban join Mariah Carey as Idol judges

The new lineup for the 12th season of *American Idol* is in place, with singers Nicki Minaj and Keith Urban joining already hired Mariah Carey. And original judge Randy Jackson — the only holdover from last season — will keep his spot on the panel. The news was announced on the reality show's Twitter account.

Urban had quit his gig as a judge on the Australian version of *The Voice* last week, prompting speculation that he had in fact signed on for "Idol." There's no word yet on what Minaj and Urban will be making, but chances are it won't be as much as Carey, who earns a reported \$16 million for one season of the show.

### Twitter



@SandraBernhard

the #x-factor watched it standing up just long enough to catch the tiny beiber look alike get much love from #britneyspears heart wrenching



@ParisHilton

Life only comes around once. So do whatever makes you happy & be with whoever makes you smile.



@JonahHill

Listening to Necro for the first time since high school while pulling an all Nighter on Wolf Of Wall Street. Starting to get loopy.



@SethMacFarlane

You kids don't remember, but once there were sitcoms about something other than gay guys.

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PG - Mature theme



Best Health

## How to boost metabolism



**BEST HEALTH MINUTE**  
Bonnie Munday  
Editor-in-chief  
Best Health Magazine

Want to keep your body burning fat and calories all day long? In the October issue of Best Health magazine, on newsstands now, regular contributor Dr. Susan Biali offers 10 strategies for boosting metabolism. Here are four of them.

### 1. Enjoy coffee or green tea.

Your morning cup of joe gives your calorie burn a boost for up to two hours. Green tea is a powerful metabolism stimulator, too; drinking it frequently can help to accelerate weight loss.

### 2. Get enough sleep.

Less than seven hours of sleep a night messes with metabolism-regulating hormones. If you're sleep-deprived, you process carbs less efficiently, and that increases your risk of obesity.

### 3. Eat more protein.

A 2012 study found that people who ate more protein had a higher resting metabolic rate. Women often don't get enough, so have some lean protein such as fish, chicken or eggs.

### 4. Add chili peppers.

Capsaicin in chili peppers stimulates your nervous system and improves your metabolism after meals. Adding chili to foods also curbs your appetite, so you'll eat less. These benefits are maximized if chilies are eaten regularly, so find ways to spice up your life.

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# Bust that BBQ bulge with these workouts

**Summer is over.** It's time to work off those extra steaks that you and friends chowed down on during the sunny months

**MEREDITH ENGEL**

Metro World News

As summer winds down, you're likely done trying to get your bikini body or Phelps-like abs. But that doesn't mean you should go hide in sweats for the next nine months. We enlisted Adam Rosante, celeb fitness trainer and founder of The People's Bootcamp, which offers pay-what-you-can classes in New York, to give us some moves to get you fit for fall.

Why these specific exercises? "(These) exercises target almost every single muscle in the body," Rosante says.

Perform each exercise for 40 seconds with 10 seconds of rest between each move. After you've completed all of them, that's one cycle. Rest for 60 seconds, then repeat. Perform the cycle three times. Be sure to keep your core tight throughout.

### Warm-up

Stay away from the long stretches, Rosante says.

"To just jump right into a long, static stretch is a good way to tear the muscle or fatigue it to a point where you then injure yourself during the workout. You just want to move around and really get the blood flowing. It creates pliability and elasticity in the muscles. Then afterwards, you get into that static, long stretch cool down. That



Summer is over so it's time to get rid of that BBQ bulge. ISTOCK PHOTOS

will elongate those muscles and help prevent them from tightening up and becoming short and constricted, so you get a nice long, lean body."

What counts as a good warm-up? Jogging in place for 20 seconds, 20 to 30 seconds of jumping jacks and some torso twists.

"Anything you can do to get your body moving in a functional way," he says.

### Power thrusts

Stand with feet hip-width apart. Squat until thighs are almost parallel to the floor, then place your hands on the floor in front of you. Kick your feet back to a push-up position. Immediately return your feet to the squat position and jump straight up as high as you can, reaching the fingertips up

and bringing the knees to the chest. Land with soft knees and immediately drop back into a squat. Continue the sequence for 40 seconds.

### Push-outs

Start in a push-up position with hands directly below your shoulders. Perform a push-up. At the top of the motion, lift the left hand up and bring it out about a foot to the left on the ground. Perform another push-up with staggered hands. At the top of the motion, explode the left hand back to normal push-up position. Do another push-up. Repeat the move with the right hand. Continue, alternating for 40 seconds.

### Scissor switches

Stand with your right foot

forward and left foot back. Keeping your torso upright, lower yourself into a lunge until your left knee is bent and your right thigh is parallel to the ground. Jump up and scissor your legs mid-air to land down with soft knees in a lunge with your left foot forward and your right leg back. Continue alternating for 40 seconds.

### Power kicks

Stand with your feet hip-width apart. Bring your fists up just below your chin. Now, open up the chest and pull the shoulders down the back. Alternate waist-high front kicks, springing softly from foot to foot so you're never on more than one foot at a time. Continue alternating for 40 seconds.

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Julie McKenna (survivor) and her son James, Cap-Pelé, NB

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# Final bite of summer flavour



This recipe serves four. RYAN SZULC, FROM REISMAN'S FAMILY FAVOURITES (WHITECAP BOOKS)



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This is the salad to make when corn is at its ripest.

I always look for small white and yellow kernels on cobs that have been picked that day if possible.

You'll have to go to a local farmers' market. It's well worth the trip.

If you want to make this salad year round, buy canned or frozen corn niblets and sauté about 2 cups in a skillet just until browned.

**1.** Lightly coat a grill pan with cooking spray and set over medium-high heat, or heat your barbecue to medium-high heat. Grill corncobs about 5 minutes, or until corn begins to

## Nutritional analysis

### Per serving

159 calories; 4 g protein;  
17 g carbohydrates; 2.9  
g fibre; 9 g fat; 1 g satur-  
ated fat; 0 mg cholest-  
terol; 168 mg sodium

brown. Using a sharp knife, slice the niblets off of the cobs and place in a bowl.

**2.** Add red onion, roasted red pepper and basil to corn and stir to combine.

**3.** To prepare dressing, whisk olive oil, cider vinegar, jalapeño, garlic, salt and pepper. Pour dressing over salad and toss to combine. **ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS) BY ROSE REISMAN**

## Ingredients

### Salad

- 3 fresh cobs of corn
- 1/2 cup diced red onion
- 1/2 cup diced roasted red pepper
- 1/2 cup chopped fresh basil

### Dressing

- 2 tbsp olive oil
- 1 tbsp apple cider vinegar
- 1 1/2 tsp finely chopped jalapeño pepper
- 1 tsp finely chopped garlic
- pinch of salt and pepper

## Health Solutions

### Better ways to sweeten up



**NUTRI-BITES**  
Theresa Albert  
DHN, RNCP  
myfriendinfood.com

Our bodies are not meant to process the intense sweetness of processed sugar. They are made to pull out the natural sugars that come along with other nutrients like the minerals in fruit and the fibre in whole grains.

If we remove the minerals and fibre, the pancreas goes into overdrive and chugs out more insulin than the body knows what to do with. What you really want to do is reduce the amount of sugar in your diet overall.

Then you want to change the type of sweetening to be sure that if you are eating it, it at least offers some other benefit.

Here are the better ways to sweeten up.

- Unpasteurized honey has antimicrobial and antibacterial qualities

that have been shown to soothe coughs and sore throats.

- Pure maple syrup (not artificially flavoured brands) contains trace minerals.

- Stevia is a no-calorie sweetener derived from an herb.

The trick is to train your taste buds to need less and less over time. Along the way, try choose something that offers even a little bit more than sweetness.

**THERESA ALBERT IS AN AUTHOR AND NUTRITIONIST IN TORONTO. SEE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM**



## Refreshing. Grated Carrot Salad with Dates, Pistachios

Refreshing and simple, this Grated Carrot Salad with Dates and Pistachios is a great and healthy end-of-summer dish.

Shredded carrots are wonderful in a salad. All they need is some Middle Eastern flavouring — paprika and cumin — and a spritz of lemon to balance their natural sweetness. Enhance this basic line-up with a little honey and chopped dates.

**1.** In skillet over medium-low, heat oil. Add cumin seeds and cook, swirling pan occasionally, until they turn a shade darker

and become fragrant, about 4 minutes. Remove the pan from the heat and stir in the paprika and the honey. Let the mixture cool to room temperature.

**2.** Meanwhile, coarsely grate the carrots, preferably using the coarse grating disk on a food processor. In a large bowl, toss the carrots with the cooled oil-cumin mixture, the dates, lemon juice, pistachios and salt, using your hands to incorporate the dates. Stir in the mint just before serving. **THE ASSOCIATED PRESS/ SARA MOULTON**

## Ingredients

- 3 tbsp extra-virgin olive oil
- 1 tsp whole cumin seeds
- 1 tsp paprika, sweet, hot or smoked, or a combination
- 1 tsp honey
- 1 lb carrots
- 1/4 cup chopped pitted dates (about 4 whole)
- 2 tbsp fresh lemon juice
- 1/3 cup shelled natural pistachios, walnuts or almonds, chopped
- 1/2 tsp kosher salt
- 1 tbsp shredded fresh mint

**OF TV'S SARA'S WEEKNIGHT MEALS AND AUTHOR OF THREE COOKBOOKS, INCLUDING SARA MOULTON'S EVERYDAY FAMILY DINNERS.**

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# Get ahead this holiday season by planning ahead



The vicious cycle of debt can be broken if you take the time to plan ahead. ISTOCK IMAGES

## Alison's Money Rule. Plan now to break habit of overspending during Christmas



**YOUR MONEY**  
Alison Griffiths  
money@metronews.ca

Good news! The Canadian Payroll Association's annual survey found that fewer of us would be in financial difficulty this year if a pay cheque was delayed — 57 per cent compared to 47 per cent in 2011.

Now for the bad news! The fact that nearly half of all Canadians would still face severe problems, coupled with record family debt loads spells trouble. It means that any financial emergencies (and life does throw them at us) would have to be paid through greater debt.

The vicious cycle of debt can be broken. But in order to get ahead you have to plan

ahead.

Take the holiday season, for example. Canadians spend about \$600 to \$800 on gifts and that much again on food, decorating and entertaining.

Surveys show that Canadians want to spend less but lack of planning and last minute shopping keep tipping us over budget.

There are 14 weeks until Christmas. You'll cut your holiday spending drastically if you create a plan.

### 1. Go light on the list

Do your holiday list right now and slash it by half, at least. Cards, letters and phone calls are a wonderful substitute.

### 2. Re-gift

Ten per cent of Canadians give presents they know that the recipient won't like. Go through your house and see what you can find.

Also, create a re-gift box and add to it throughout the rest of the year.

### 3. Use points

Cash in loyalty points for mov-

### In numbers

## 30%

Thirty per cent of Canadians do most of their holiday shopping in the 10 days before Christmas.

ie coupons or gift certificates.

### 4. No gift zones

Extended family members might be happy not to get a present if they don't have to give one.

Also have your kids make cards for teachers, coaches, tutors, etc. They'll appreciate the effort more than a drug-store soap set.

### 5. Go with gift baskets

Plan them now and add items during sales. It is actually very enjoyable if you aren't stressed and doing it last minute.

Three years ago a beloved dog died and a friend dropped off a basket with winter greenery, homemade jam and a couple of biscuits to cheer up our other dog. Perfect.

## Hacked! Learn some anti-fraud practices



**FUN AND FRUGAL**  
Lesley Scorgie  
money@metronews.ca

While on a fabulous European vacation last week, my social media accounts were hacked. The fraudster used a free 'secure' Wi-Fi zone at my hotel to pry into my private information.

Unfortunately, hundreds of fake emails and direct messages were sent out under my name and my business VISA account was compromised before I became aware of the issue.

I always take careful precautions to protect my private information, but I've learned from this experience that I need to step up my anti-fraud efforts.

Hands down, the best way to protect against fraud is to prevent it from happening in the first place using common sense and adopting some anti-fraud best practices.

Use secured wireless networks when you access the Internet. I could have potentially prevented my fraud ex-

perience by avoiding signing into my accounts while on an unfamiliar server.

I also made the mistake of not logging off my accounts immediately when I was finished. When I reported my fraud, the very first thing I had to do was reset my passwords and make them more complex. As a best practice, change your passwords regularly (every few months). Ensure the password is difficult for fraudsters to guess and contains a combination of numbers and letter.

Filter out bogus emails and phone calls. If you receive unsolicited email requests for information or even to click on an unfamiliar link, verify the message and sender using a third party unrelated to the message.

If you don't recognize a phone number, don't pick it up. Legitimate people will leave a message. When shopping online, ensure payment websites are secure. If you're not sure it is, call the company that makes the product directly and talk to customer service manager.

Last, check your credit score at least once a year to see that there are no errors or items you don't recognize.

If you discover a problem, contact the credit bureau immediately and bring in law enforcement if you believe you've been defrauded.

# Single? It may be unhealthy for you

**Study.** Researchers in Sweden find that single men are least likely to believe they could influence their own health

CELIA MILNE  
For Metro

Ever noticed single men don't seem to care about their health? It's not your imagination.

A large study in Sweden has found that men who don't live with a mate are less likely to believe they can influence their own health. As a group, they are less motivated than others.

Researchers studied 28,198 men and women between the ages of 18 and 80 to find out whether they possessed a social factor called "internal health locus of control" which

essentially means a belief that your behaviour influences your health. They found 33.7 per cent of the men and 31.8 per cent of the women lacked internal health locus of control.

Single men living alone were the least likely to believe they could influence their own health through things like eating a healthy diet, exercising regularly, not smoking and keeping alcohol consumption under control. Men and women who were widows also scored fairly low on the tests.

Yet these healthy behaviours are known to help prevent cardiovascular disease, diabetes and some forms of cancer.

"Marital status affects health locus of control," says Martin Lindström, a professor of social medicine at Lund University in Malmö, Sweden.

He believes this finding is important for policy makers as they design messages to promote healthy behaviour.

While the study was conducted in a Swedish population, it may be applicable to Canada.

"Health promotion should particularly consider some marital status groups," he added.

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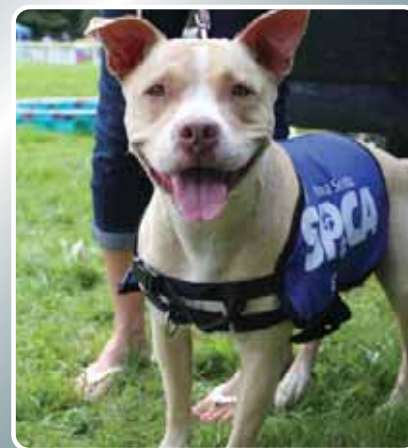
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Diamond is best suited for a home with no cats and would not do well in a dog park environment; however she can walk by dogs without reaction. She is a great cuddler, happy go lucky and will be a loyal companion. As an active girl who is always excited to see people, Diamond is best suited to an active family. She really hopes to find her forever home soon...

For more information on Diamond and other adoptable furry friends, visit [www.pas.spcans.ca](http://www.pas.spcans.ca) or contact the Nova Scotia SPCA Provincial Animal Shelter at 468-7877 or [info@pas.spcans.ca](mailto:info@pas.spcans.ca)

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# Half of the Herd's roster still shelved with virus



Mooseheads winger Martin Frk is suspended for Friday's QMJHL season opener. Meanwhile, half the team is sick. METRO FILE

**QMJHL.** Team bus scheduled to leave Thursday for Sydney for season opener



**MATTHEW WUEST**  
matthew.wuest@metronews.ca

A nasty flu-like virus continued to keep half of the Halifax Mooseheads roster away from the rink on Monday.

The Mooseheads, who had to cancel their final two QMJHL pre-season games on the weekend because of the virus, had just 12 players at practice at the Civic Centre on Monday afternoon with Friday's regular-season opener fast approaching.

Five players got sick last Thursday and it wasn't long before others fell ill.

"The five original guys who got sick are still sick and we have five more sick as well, plus a couple of more feeling

it," Mooseheads general manager Cam Russell said.

A doctor specializing in infectious diseases has been evaluating the ailing players. But as of late Monday afternoon, Russell hadn't been given a sense of how long the recovery would take.

"Right now, it looks like it's not influenza," Russell said. "He (the doctor) is saying it's some kind of virus that's going around, but that they'll be OK after a while. This is all we know right now."

The Mooseheads are bussing to Sydney on Thursday for Friday's opener against the Cape Breton Screaming Eagles. Russell already has four affiliate forwards on call and might have to scrounge up more bodies to ice a full roster.

"Who knows? It's hard to say right now, so we'll take it one day at a time," he said. "Hopefully we'll know Wednesday which guys are going to be ready to play and which ones won't."

## Suspension

### Frk to sit out first game

The Mooseheads will be without Martin Frk for the opening game of the QMJHL regular season.

The 18-year-old right-winger was suspended last week for the Mooseheads' final two pre-season games for a spearing incident in their Sept. 8 loss to the Cape Breton Screaming Eagles at the Halifax Forum.

But because the team's final two pre-season games

were cancelled this past weekend after a nasty flu virus hit the team, Frk didn't get to serve the suspension as administered, and the league adjusted it on Monday to a single game.

Frk, selected in the second round, 49th overall, by the Detroit Red Wings in last June's NHL draft, underwent arthroscopic knee surgery last month.

He had 16 goals and 13 assists for 29 points in 34 games last season while missing three months with a concussion.

## NBL Canada. Rainmen sign league's top scorer

The Halifax Rainmen locked up the National Basketball League of Canada's top scorer on Monday.

The Rainmen signed six-foot-five guard Brandon Robinson, who they acquired from the Oshawa Power for a draft pick and cash at last month's NBL Canada draft in Toronto.

Robinson averaged 19.9 points per game for the Power and was named most valuable player of the league's all-star game in Halifax last March.

The Lake Wales, Fla., native joins Vancouver's Joey Haywood, who was the league's Canadian of the year last season, on Halifax's roster. The Rainmen also have guard Chris Hagan and forward Dar-



Brandon Robinson DURIHAMREGION.COM

nell Huges remaining on their five-man protected list after dealing away forward Tyrone Levett to the Moncton Miracles and Taliek Brown to the Laval Kebs.

The Rainmen open the NBL Canada season on Nov. 2.

MATTHEW WUEST/METRO

## NBL Canada

### Gordon named deputy commish

The National Basketball League of Canada named Susan Gordon deputy commissioner on Monday. She replaces outgoing commissioner John Kennedy. METRO

## Soccer

### Ezurike named player of the week

Lower Sackville's Nkem Ezurike of the Michigan Wolverines was named offensive player of the week for Big 10 women's soccer on Monday. The junior scored twice in Saturday's 3-0 win over Indiana. METRO

## Hockey. Voracek finds new home in Czech Republic



Jakub Voracek GETTY IMAGES FILE

Former Halifax Mooseheads forward Jakub Voracek has signed a contract with HC Lev Praha of the Kontinental Hockey League, according to the Philadelphia Daily News.

The 23-year-old Philadelphia Flyers winger, who also drew interest from his hometown team, HC Kladno of the Czech Extraliga, could make his debut with the club on Thursday against Avangard Omsk.

Voracek signed a four-year, \$17-million US contract extension with the Flyers that is valid through the 2015-16 season. He recorded 18 goals and 31 assists for 49 points in 78 games last season. METRO

Mobile sports



Qriket

Questionable calls by replacement officials in Week 2 are not sitting well with players and coaches around the NFL. Some are fuming and others wonder if the league is concerned about the integrity of the game.

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# Future uncertain for locked-out free agents

## NHL. Work stoppage puts careers on hold and deters deals for unrestricted players

Two and a half months after becoming an unrestricted free agent, Kenndal McArdle is still waiting for the phone to ring.

And with the NHL in a lock-out, it's unlikely he'll be getting contract offers any time soon.

The long wait "is something that can be frustrating, because the unrestricted free-agent market is a lot smaller this summer because of the lockout," said McArdle, a 25-year-old Toronto native who grew up in Burnaby, B.C.

"There's more worrying and more uncertainty in your life. For a lot of us, hockey is our livelihood, and the uncertainty increases the amount of stress in your life. So it's been a long summer, to say the least."

McArdle is among a large group of unsigned players, young and old alike, who are waiting for the next collective bargaining agreement to determine where they will play.

In theory, McArdle and his contemporaries have time on their side and should be able to rebound from the lockout's impact on their careers — but

the older players do not.

McArdle spent 2011-12 with the Winnipeg Jets, suiting up for nine NHL games. Once considered a can't-miss kid, the winger is concerned the lock-out will enable a new group of prospects to make their marks in the minors, and threaten his job security.

"It gives the young guys, or the guys that are coming up, another year to mature, another year to get ready, especially with the guys who will continue to play in the American Hockey League," said McArdle. "It can help them to propel themselves up to the next level."

McArdle's agent, Kevin Epp, predicts there will be a "big rush" of signings once a new collective agreement is reached.

Clubs that are close to the old cap have delayed signings until the new financial framework is set. Consequently, many players and agents are in wait-and-see mode.

"It's funny when you talk to (players), because they only know what we tell them — and we don't know a lot if nobody (at the CBA negotiating table) is doing anything," Epp said. "It's just (respecting) what history has shown us, and (understanding) how we have to be patient."

THE CANADIAN PRESS

### Quoted

"The current (unrestricted free agents) are in limbo because the first wave was signed and now everybody's waiting to see what the cap number will be."

Agent J.P. Barry

## MLB. Jays looking into reported homophobic slur on Escobar's eye-black

The Toronto Blue Jays say they're looking into reports that shortstop Yunel Escobar played Saturday's game against Boston with a homophobic slur written in Spanish under his eyes.

Several pictures posted online show Escobar with the message written in his eye-black, a type of sticker players wear under their eyes to reduce the sun's glare.

The words under the 29-year-old Cuban's eyes were "TU ERE MARICON" which can be translated as "You are a faggot."

"The Toronto Blue Jays do not support discrimination of any kind nor condone the message displayed by Yunel Escobar during Saturday's game," the team said in a



Jays shortstop Yunel Escobar at Rogers Centre on Saturday.  
GETTY IMAGES FILE

statement.

"The club takes this situation seriously and is investigating the matter."

THE CANADIAN PRESS



Former Canadiens players Mathieu Darche, left, and Steve Begin arrive for an informal training session at the Habs' practice facility on Monday in Brossard, Que. GRAHAM HUGHES/THE CANADIAN PRESS

### NHL

## Habs players lead major exodus to minor league

The Montreal Canadiens have assigned 21 players, including forwards Blake Geoffrion and Louis Leblanc, to the American Hockey

League's Hamilton Bulldogs.

The move comes after the NHL locked out its players on Saturday.

The Canadiens also assigned forwards Alexander Avtsin, Alain Berger, Michael Blunden, Michael Bournival, Gabriel Dumont, Brendan Gallagher, Patrick Holland, Philippe Lefebvre, Joonas Nattinen, Steven Quailer and

Ian Schultz.

Defencemen Nathan Beaulieu, Morgan Ellis, Brendon Nash, Greg Pateryn, Joe Stejskal and Jarred Tinordi and goaltenders Peter Delmas and Robert Mayer will also suit up for Hamilton.

All the players assigned are on two-way, entry-level contracts.

THE CANADIAN PRESS

### NHL

## Wild get creative to keep ticket holders on board

The Minnesota Wild are offering season ticket holders 10 per cent interest in return if they keep their accounts paid in full during the NHL lock-out and don't request a refund.

The Wild announced Monday they'll credit those season ticket holders for any cancelled games, plus 10 per cent interest on the dollar value of tickets for the lost games. That can be applied toward future games or subsequent season renewals. Credit will be issued when a new collective bargaining agreement is reached between the owners and players. THE ASSOCIATED PRESS

## MLB. White Sox make Tigers pay for errant throw

Omar Infante's throwing error on a potential double play helped Chicago score two runs Monday and the White Sox beat the Detroit Tigers 5-4 in a pivotal makeup game.

Chicago increased its lead in the AL Central to three games with its fourth straight win.

It was the final meeting of the season between the two front runners in the division.

Trailing 4-3, the White Sox

loaded the bases in the fifth, driving out Detroit starter Doug Fister (9-9).

When Dayan Viciedo hit a one-out grounder to short, the Tigers tried to turn the inning-ending double play, but Alex Rios slid hard into second baseman Infante and forced an errant throw that got by Prince Fielder as two runs scored, giving Chicago the lead.

THE ASSOCIATED PRESS



The White Sox celebrate Monday's win. JONATHAN DANIEL/GETTY IMAGES

### Olympic afterglow

## Olympic Stadium could host 2015 Rugby World Cup

The Olympic Stadium in London could be used as one of the venues for the 2015 Rugby World Cup, with organizers looking to feed off the success of the London Games for Britain's next major sporting event.

There are still uncertainties over who the tenants of the 80,000-seat stadium will be after the London Games and whether the capacity will be reduced.

But Ross Young, chief operating officer of the World Cup's organizing committee, said Monday that "you would be mad not to include it as part of your thinking" as England looks to sell nearly 3 million tickets for the country's next major sporting event.

THE ASSOCIATED PRESS

### Tennis

## Raonic, Bouchard headline event

Organizers of an exhibition tennis event are hoping the rising star power of Milos Raonic and Genie Bouchard will help fill the Bell Centre for a night.

Raonic, Canada's top-ranked men's player of all time at No. 15, and Wimbledon junior champion Bouchard will take on opponents yet to be determined at the Montreal Rendez-Vous on March 18.

"It was a delightful opportunity because I've tried to do the same thing in Toronto to help the sport grow," Raonic said at the announcement on Monday.

THE CANADIAN PRESS



Milos Raonic. CANADIAN PRESS FILE

### MLB

## Red Sox beat slumping Rays

Jacoby Ellsbury homered and drove in three runs, Aaron Cook stopped his five-game losing streak and the Boston Red Sox beat the sliding Tampa Bay Rays 5-2 on Monday night.

Tampa Bay fell 5 1/2 games behind the AL East-leading Yankees.

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Registrations  
Teams, Events, ClassesRegistrations  
Teams, Events, Classes

**865 Dartmouth Kiwanis** is having an open house night  
on Monday, September 24, 2012 at Shannon Park Elementary  
School from 6:30pm to 9:30pm. If you have a child ages 12-14  
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## Miscellaneous

## Miscellaneous

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## Horoscopes

### Aries

March 21 - April 20

The only worry now is that so many things are going well for you that you take too much for granted and end up making some kind of silly mistake. Watch out for little things that might trip you up.

### Taurus

April 21 - May 21

Act quickly if you have a good idea or see an opening that others appear to have missed. Pluto's positive influence means it's OK to be forceful when dealing with others, as long as you have a specific goal.

### Gemini

May 22 - June 21

The current cosmic set-up will make it easy for you to find extra cash if you need it, but you've still got to make an effort. Yes, you might win the lottery but be reasonable, the chances are slim.

### Cancer

June 22 - July 23

The planets indicate that whatever has gone out of your life over the past few months will be replaced by something infinitely better over the next few weeks. Think positive and positive things are sure to happen.

### Leo

July 24 - Aug. 23

Steer clear of people who display negative attitudes, even if they are people to whom you are close emotionally. You have important things to take care of today, things that make a positive outlook a must.

### Virgo

Aug. 24 - Sept. 23

With Pluto, planet of passion, turning direct in the area of your chart that governs affairs of the heart, this is the ideal time to let that special person know how you feel about them. Don't just say it — show it.

### Libra

Sept. 24 - Oct. 23

Whatever happens today, be it good, bad or indifferent, you will handle it with courage and confidence. This is an especially good time to make decisions about family issues. Let your intuition guide your actions.

### Scorpio

Oct. 24 - Nov. 22

No matter how well you think you are doing, you should be doing even better. Set your sights high and don't rest until you have realized your dream. You can't just sit back and let life come to you.

### Sagittarius

Nov. 23 - Dec. 21

You may be tempted to take drastic measures to put right a financial issue that has been worrying you — and that's exactly what you should do. You have more to gain than you have to lose.

### Capricorn

Dec. 22 - Jan. 20

Don't waste your precious time seeking other people's approval, just get on and do what needs to be done. Not everyone will agree with your aims, and fewer still with your tactics, but why do you care?

### Aquarius

Jan. 21 - Feb. 19

As much as possible, try to convince others to go along with your plans rather than force them to do as you say. Just because you have the power to order people about does not mean you have to use it.

### Pisces

Feb. 20 - March 20

You will perform miracles today. No matter how difficult the task you are faced with, you will find a way to make a success of it. Friends and rivals alike will praise you for a job well done. **SALLY BROMPTON**

## Crossword: A Few PMs

### Across

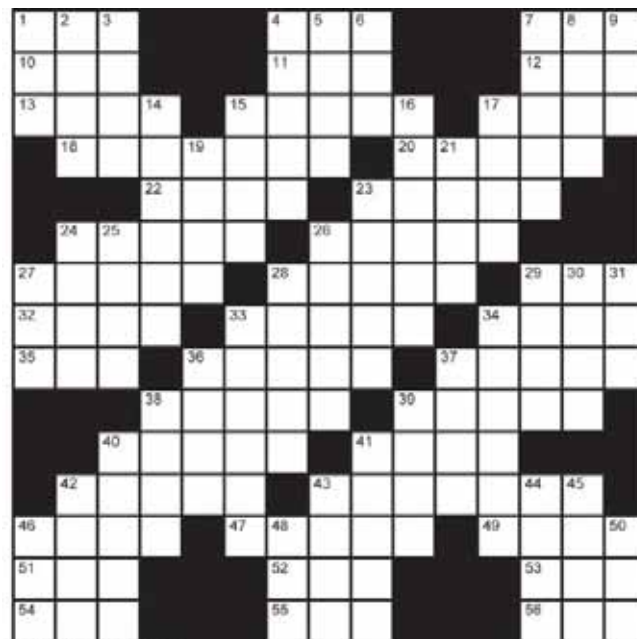
1. Likely
4. CBS forensic drama
7. Canadian pals
10. Cow sound
11. Ad \_\_\_\_ committee
12. Evolutionary time period
13. Vassal
15. PM St. Laurent
17. Pack away
18. \_\_\_\_ Canadian (beer)
20. Scarborough, Ontario-born Austin Powers player Mike
22. "I should be sleeping like \_\_\_\_": line from "A Hard Day's Night" (2 wds.)
23. Portion
24. Sys \_\_\_\_: computer department VIP
26. \_\_\_\_ once: suddenly (2 wds.)
27. Towelled off
28. Secret agents
29. Obsolete TV program saver, for short
32. Some August babies
33. Gives a darn
34. Will beneficiary
35. Bond creator Fleming
36. Had the courage to try
37. Tosses
38. Pop trio brothers
39. Liberal or Conservative
40. \_\_\_\_ and the whale
41. Pile
42. Got in shape, with "up"
43. R.B. \_\_\_\_: 11th Prime Minister, who moved to Calgary in 1897, which became his political base
46. BMW subcompact

model taken over from Rover in 2000

47. Years and years
49. Toronto-based "Tom Sawyer" group
51. "\_\_\_\_ Maria"
52. "I got an \_\_\_\_ the test": "I aced it" (2 wds.)
53. Scottish "no"
54. Windows 7 or Mac OS X: acronym
55. Can. neighbour
56. Elbow's locale

### Down

1. Morning times, for short
2. Bard's creation
3. Matador's opponent
4. Cheech's Edmonton-born partner
5. Under: Fr.
6. Here: Fr.
7. 39.37 inches
8. Amateurs' opposites
9. Observed
14. Calgary team
15. Bird that gives its name to the \$1 coin
16. Happy expressions
17. Hutterites or Menonites
19. Skidded
21. Affirmations
23. Carried on, as a trade
24. Field
25. Edmonton-born Maple Leaf Phaneuf
26. After: Fr.
27. 551 on a monument
28. NS-born singer McLachlan
29. Bulletproof garment
30. Québec \_\_\_\_



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31. Monopoly has 4: abbr.
33. "O" follower
34. 22nd PM, whose riding also is in Calgary
36. Finished
37. James \_\_\_\_: TV's *Las Vegas* star
38. \_\_\_\_ Mitchell: Fort Macleod, Alberta-born writer of Crosby, Stills, Nash & Young hit "Woodstock"
39. Writes
40. James Earl or Tommy Lee
41. Auburn dye
42. DVR pioneer
43. Heckles
44. Albacore in a can
45. Russian leader before 1917
46. Angry
48. \_\_\_\_ de Cologne
50. Bottom seam

## Yesterday's Crossword



## What's online

See today's answers at [metronews.ca/answers](http://metronews.ca/answers).



## Sudoku

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

## Yesterday's Sudoku

6	5	1	7	9	3	4	8	2
8	3	7	2	4	6	9	5	1
4	9	2	5	8	1	6	3	7
2	1	9	6	5	4	3	7	8
5	8	6	3	7	9	2	1	4
3	7	4	8	1	2	5	9	6
1	4	5	9	2	7	8	6	3
7	6	8	4	3	5	1	2	9
9	2	3	1	6	8	7	4	5

	7	9	5		1			2
	5	3						1
2			9					
3	9				4			
	8	5				1	6	
			7				9	4
					3			5
5						6	4	
7			1		9	8	2	

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21°/15°  
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**Wednesday**

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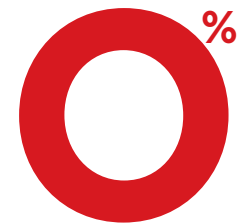
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HWY (A/T): 6.2L/100KM  
CITY (A/T): 9.5L/100KM  
Sorento SX shown<sup>2</sup>

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CITY (A/T): 5.6L/100KM



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Optima Hybrid Premium shown<sup>2</sup>

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AT  
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FOR UP TO  
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MONTHS

—OR—  
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2013 **RIO** 4-DOOR

FINANCE FROM  
**0%**  
APR\*\*

FOR UP TO  
**60**  
MONTHS

Offer based on 2013 Rio 4-Door LX MT.

HWY (M/T): 4.9L/100KM  
CITY (M/T): 6.6L/100KM



Rio 4 SX shown<sup>2</sup>



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Representative financing example based on 2013 Rio 5 LX MT (R055D)/2013 Rio 4 LX MT (R054D) with an MSRP of \$16,729/\$15,429 (includes delivery and destination fees of \$1,455, PPSA, other fees and certain levels (including tire levies) and A/C charge (\$100, where applicable)) financed at 0% APR for 36/60 months. 78/130 bi-weekly payments equal \$202/\$191 per payment with a down payment/equivalent trade of \$0. Cost of borrowing is \$0 for a total obligation of \$5,729/\$5,429. License, insurance, applicable taxes, variable dealer administration fees (up to \$699) and registration fees are extra. Retailer may sell for less. See dealer for full details. \*\$500 Winter Tire offer is open to retail customers who finance or lease an eligible new 2012 or 2013 Kia vehicle from a participating Kia dealer between September 1 and October 1, 2012 inclusive. Eligible models include 2012/2013 Rio 4-Door and Rio 5, 2012/2013 Forte Sedan, Forte Koup and Forte, 2012/2013 Sorento and 2012 Soul 1.6 I4 or MT models. \$500 can be redeemed, at customer's choice, towards the purchase of a winter tire/tires for their new Kia vehicle, in the form of a cheque in the amount of \$500 or as a reduction of \$500 from the negotiated selling price (before taxes) of the new vehicle. Some conditions apply. See your Kia dealer for complete details. Offer ends October 1, 2012. \*\$48 bi-weekly finance payment (on approved credit) for new 2013 Sorento LX AT (R075B)/2013 Sorento 3.5 LX V6 (R075D) based on a selling price of \$28,724/\$31,324 is \$149/\$167 with an APR of 0%/1.49% for 60 months, amortized over an 84-month period. Estimated remaining principal balance of \$17,755/\$15,559 plus applicable taxes due at end of 60-month period. Offer includes a down payment of \$0/\$799, \$1,650 \*3 payments on us\* savings, delivery and destination fees (\$1,455), PPSA, other fees and certain levels (including tire levies) and A/C charge (\$100, where applicable). License, insurance, applicable taxes, variable dealer administration fees (up to \$699) and registration fees are extra. Retailer may sell for less. See dealer for full details. \*3 Payments On Us offer is available on approved credit to eligible retail customers who finance or lease a select new 2012 Soul 1.6L MT/2012 Soul 1.6L AT/2012 Optima/2012 Sorento/2013 Sorento from a participating dealer between September 1 – October 1, 2012. Eligible lease and purchase finance (including FlexChoice) customers will receive a cheque in the amount of three payments (excluding taxes) to a maximum of \$350/\$350/\$400/\$550/\$550 per month. Lease and finance (including FlexChoice) purchases are subject to approved credit. Customers will be given a choice between up to \$1,050/\$1,050/\$1,200/\$1,650/\$1,650 reductions from the selling/leasing price after taxes or dealer can issue a cheque to the customer. Some conditions apply. See your dealer for complete details. Offer ends October 1, 2012. \*Cash purchase price for 2012 Optima Hybrid Base (OP4AC) is \$26,529 and includes a cash savings of \$4,700 (which is deducted from the negotiated selling price before taxes and cannot be combined with special lease and finance offers) and a \$1,000 ECO-Credit. Includes delivery and destination fees of \$1,455, PPSA, other fees and certain levels (including tire levies) and A/C charge (\$100, where applicable). License, insurance, applicable taxes, variable dealer administration fees (up to \$699) and registration fees are extra. Based on the Manufacturer Suggested Retail Price of \$32,229. Retailer may sell for less. Available at participating dealers. See dealer for full details. \*ECO-Credit for 2012 Optima Hybrid is \$1,000 (deducted before taxes) and is applicable to the purchase or lease of a new 2012 Kia Optima Hybrid. Available at participating dealers. Certain restrictions apply. See dealer for details. \*\$4,700 cash savings on the cash purchase of an eligible new 2012 Optima Hybrid from a participating dealer between September 1 – October 1, 2012. Cash savings is deducted from the negotiated selling price before taxes and cannot be combined with special lease and finance offers. Some conditions apply. See your dealer for complete details. \*Lease offer available on approved credit (OAC) on new 2013 Rio 4-Door LX MT (R054D)/2013 Rio 5-Door LX MT (R055D) is based on monthly payments of \$200/\$203 (includes delivery and destination fees of \$1,455, PPSA, other fees and certain levels (including tire levies), A/C charge (\$100, where applicable) and \$550 lease service fee) for 48 months at 0.9% with a \$0 down payment/equivalent trade, security deposit and first monthly payment due at lease inception. Total lease obligation is \$9,579/\$9,757 with the option to purchase at the end of the term for \$6,200/\$6,322. Lease has 16,000 km/year allowance and \$0.12/km for excess kilometres (other packages available). License, insurance, applicable taxes, variable dealer administration fees (up to \$699) and registration fees are extra. Retailer may lease for less. See dealer for full details. \*Model shown Manufacturer Suggested Retail Price for 2013 Sorento 3.5L SX AWD (R075X)/2012 Optima Hybrid Premium (OP4AC)/2013 Rio 4-Door SX with Navigation AT (R074B) is \$43,045/\$32,250/\$23,450. Includes delivery and destination fees of \$1,650/\$1,455/\$1,455 and A/C charge (\$100, where applicable). License, insurance, applicable taxes, PPSA, other fees and certain levels (including tire levies), variable dealer administration fees (up to \$699) and registration fees are extra. Retailer may sell for less. Available at participating dealers. See dealer for full details. \*Highway/City fuel consumption is based on the 2013 Sorento 2.4L GDI 4-cyl (A/T)/2012 Optima Hybrid 2.4L MPI 4-cyl (A/T)/2013 Rio 4-Door 1.6L GDI 4-cyl (M/T). These estimates are based on Transport Canada's approved criteria and testing methods. Refer to the Government of Canada's EnergyGuide Fuel Consumption Guide. Your actual fuel consumption will vary based on driving habits and other factors. Some conditions apply to the \$500 Grad Rebate Program. See dealer or Kia.ca for details. Information in this advertisement is believed to be accurate at the time of printing. For more information on our 5-year warranty coverage, visit Kia.ca or call us at 1-877-542-2886. KIA is a trademark of Kia Motors Corporation and Kia Canada Inc. respectively.